

Building a More Balanced World 2019

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A letter to all the people in my life who have made me who I am.

My mum – who showed me how to be independent

My aunt – who taught me to take risks

My sister – who will tell me when I'm wrong (or right)

My bestie – for always being there for me

But the person who taught me that, in an ideal world, there should be more balance is...

My dad – for teaching me men and women are equal – and to never compromise your integrity because respecting each other is key. His legacy will live on through my boys.

#balanceforbetter